nWorthomassage

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Informed Consent for Therapeutic Massage of Vulnerable areas

Washington State law requires written permission from the client in order for massage therapists to uncover (undrape) vulnerable areas such as the gluteal (buttocks), chest, and Pelvic area for the purposes of providing therapeutic massage.

- breast massage at NW Orthomassage consists of draped simple chest massage. The focus is on muscles attached to the sternum and ribs. This is done to help support breathing, blood and lymph circulation, healthy posture, lactation, and the immune system. Treating neck, rib, or shoulder injuries, mobilization of scar tissue, preparing for and/or recover from surgery.
- pelvic floor massage is NOT to include internal massage and is strictly for therapeutic effects of muscles attached on the pubic bone and the pelvic bones. Genitals ARE NOT included and it may be done thru the drape or on the skin.
- Gluteal massage includes the glutes, and moderate/conservative draping will always be practiced.

I am aware that the intent of the massage is therapeutic and NOT sexual in any way and I have the right to:

- discontinue the entire massage session, or any part of the session for any reason
- request the massage to be given through the drape rather then directly on my body, at any time for any reason
- provide witness who will be in the room during the massage

I give my permission for NW Orthopaedic Massage to uncover the above regions for the purposes of providing massage therapy. I understand that my consent may be verbally revoked at any time, for any reason. At NW Orthopaedic Massage we use moderate to conservative draping at all times unless otherwise discussed.

Patient Name: _____

Patient Signature: _____ Date _____